

**SIA Share-A-Thon October 14, 2018**  
**“Spirituality without A God” and “Women Freethinkers”**  
Workshop Presentations by the Stony Brook Freethinkers Group

**Freethought groups** don't recite prayers at the beginning or ending of their meetings nor do they suggest that **a belief in a God is required** to get sober and maintain sobriety. If the discussion during our meetings includes AA's suggested program of recovery, then a secular or humanist version of the 12 Steps is sometimes shared. Though freethought groups are intended to be accommodating to atheists, agnostics and secularists, any AA non-believer or believer is of course welcome. At Stony Brook Freethinkers we strive to maintain an open and tolerant atmosphere where members are encouraged to express any doubts or disbeliefs they may have, to freely share their own personal form of spiritual experience, or their rejection of it. We do not endorse any form of religion or atheism. Our group conscience is to assure any suffering alcoholic that they can find sobriety in AA without having to accept anyone else's beliefs or denying their own.

At Stony Brook Freethinkers we open our meeting with the AA Preamble, and close with the Responsibility Declaration. We have AA pamphlets and books on our literature table. We actively participate in Suffolk Intergroup and Suffolk General Service. We gather on Wednesday evenings at 7:30 pm for a Step / Tradition meeting and on Fridays at 7:30 pm for a Closed Discussion / Speaker meeting. Both meetings are held at the Unitarian Universalist Fellowship at Stony Brook located at 380 Nicolls Road.

Visit our website for more information: <https://sbfreethinkers.org>

Thank you for attending the “**Spirituality without A God**” and “**Women Freethinkers**” workshops.



*“I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.”*

## Resources for Freethinker's

*This listing of resources is **not** sanctioned or approved by Alcoholics Anonymous.*

### Web Sites

AA Agnostica: <http://aaagnostica.org/>

AA Beyond Belief: <http://www.aabeyondbelief.com/>

Secular AA (hosts the worldwide meeting directory): <https://secularaa.org/>

### Books – all available on Amazon.com

*Common Sense Recovery: An Atheist's Guide to Alcoholics Anonymous*, Adam N

*A Secular Sobriety*, Dale K

*The Five Keys: 12 Step Recovery Without A God*, Archer Voxx

*An Atheists Unofficial Guide to AA - for Newcomers*, Vince Hawkins

*A Skeptic's Guide to the 12 Steps*, Phillip Z

*Alcoholics Anonymous - Universal Edition*, Archer Voxx

*The Alternative 12 Steps: A Secular Guide to Recovery*, Martha Cleveland

*A Freethinker in Alcoholics Anonymous*, John Lauritsen

*Do Tell! Stories by Atheists and Agnostics in AA*, Roger C.

*Don't Tell: Stories and Essays by Agnostics and Atheists in AA*, Roger C.

*A History of Agnostics in AA*, Roger C

*Beyond Belief: Agnostic Musings for 12 Step Life*, Joe C. (Daily Meditations)

*Not God: A History of Alcoholics Anonymous*, Ernest Kurtz

*Waiting: A Non-Believers Higher Power*, Marya Hornbacher

### Suffolk County Freethought Groups (Listed on SIA Website and printed meeting list)

**BAY SHORE FREETHINKERS**, Unitarian Universalist Society, 28 Brentwood Road, Bay Shore, NY 11706, meets Thursday night at 7:30 PM.

**STONY BROOK FREETHINKERS**, Unitarian Universalist Fellowship of Stony Brook, 380 Nicolls Road, Stony Brook, NY 11790, meets on Wednesday and Friday nights at 7:30



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